



KIPCHUMBA FOUNDATION

Monday 3 June 2019

Vocational Education Program

(Emerging Technological Solutions as Vocational Skills series)

DM01: Practical Dressmaking

(self-paced)

Trainer:



Erick Moseti

Mr. Moseti graduated from Kenya Technical Trainers College (KTTC) in Nairobi, Kenya, and has been a trainer for dressmaking in the past 6 years at the Kolping Vocational Training Centre, Kilimambogo, Kiambu County, Kenya.

Course dates:	Upcoming
Course objective:	To be a skilled dressmaker
Mode of training:	Online by practical simulation on edX platform (www.edx.org)
Scalability:	Applicable for industry, self-employment, and further study
Course duration:	13 weeks (8-10 hours per week), to be completed within a year after which the course content will be archived
Course level:	Elementary to intermediate
Certification:	Generated electronically upon successful completion of the course
Cost of certification:	\$49.00

SYLLABUS

Week 1: Introduction to Dressmaking

- 1.1 Description and importance of the course
- 1.2 Workplace organization, safety and precautions
- 1.3 Tools and equipment
- 1.4 Fabric fibres
- 1.5 Discussions
- 1.6 Assignments

Additional content:

- 1. Personal appearance
- 2. Fabrics for everyday garments

Week 2: Garment Construction

- 2.1 Taking measurements
- 2.2 Garment design
- 2.3 Pattern alteration
- 2.4 Garment construction procedure
- 2.5 Practice
- 2.6 Discussions
- 2.7 Assignments

Additional content:

- 1. Measurement conversions
- 2. Table of measures

Week 3: Seams

- 3.1 Introduction
- 3.2 Types of seams

3.3 Practice

3.4 Discussions

3.5 Assignments

Week 4: Disposal of Fullness

4.1 Darts

4.2 Pleats

4.3 Tucks

4.4 Gathering

4.5 Smocking

4.6 Practice

4.7 Discussions

4.8 Assignments

Additional content: stitches

Week 5: Crossway Strips, and Facings and Interfacings

5.1 Introduction

5.2 Cutting and joining crossway strips

5.3 Interfacings

5.4 Shaped facing

5.5 Practice

5.6 Discussions

5.7 Assignments

Week 6: Openings

6.1 Introduction

- 6.2 Faced opening
- 6.3 Bound opening
- 6.4 Continuous strip opening
- 6.5 Practice
- 6.6 Discussions
- 6.7 Assignments

Week 7: Fastenings

- 7.1 Introduction
- 7.2 Zip fasteners
- 7.3 Fastening with buttons
- 7.4 Press studs
- 7.5 Hooks and eyes
- 7.6 Practice
- 7.7 Discussions
- 7.8 Assignments

Week 8: Pockets and Collars

- 8.1 Patch pockets
- 8.2 Welt pockets
- 8.3 Making up of a straight collar
- 8.4 Peter Pan and shaped collars
- 8.5 Practice
- 8.6 Discussions
- 8.7 Assignments

Week 9: Cuffs and Sleeves

- 9.1 Cuff with an overlap
- 9.2 Open or shaped cuff
- 9.3 Set-in sleeves
- 9.4 Raglan sleeve
- 9.5 Practice
- 9.6 Discussions
- 9.7 Assignments

Week 10: Waistbands and Belts, and Hems

- 10.1 Waistbands
- 10.2 Petersham bands
- 10.3 Belts and belt carriers
- 10.4 Hems
- 10.5 Paractice
- 10.6 Discussions
- 10.7 Assignments

Week 11: Decorative Finishes

- 11.1 Shell edging
- 11.2 Pin stitch
- 11.3 Faced scallops
- 11.4 Faggoting
- 11.5 Discussions
- 11.6 Practice
- 11.7 Assignments

Additional content:

1. Care and maintenance of clothes
2. Costing (material requirements and labour charges)
3. Computer-generated design and pattern making

Week 12: Garment Making Practicals

12.1 Skirts

12.2 Blouses

12.3 Shirts

12.4 Trousers

12.5 Discussions

12.6 Assignments

Week 13: Examinations

13.1 Theory

13.2 Practical